

Welcome to Tredalen Campsite!

Tredalen is idyllically located by the sea on Spjærøy outside Fredrikstad in the municipality of Hvaler in the region of Østfold. Tredalen is a large camp site on 110 acres with three rental units and two large grass areas for tents. The place is suitable for summer camps and trips throughout the year with both land and water activities. Tredalen is located directly on the waterfront with its own deep water pier and 600 metres shoreline.

Here is some useful and practical information about the site so that your stay will be the best possible.

For questions please contact the Norwegian Guide and Scout Association's head office or Tredalen contact person by phone 474 68 723. In case of severe injury or other incidents the scouts' emergency phone 09123 can be contacted.

Have a good trip!

Before arrival

Check in: 14.00

Check out: 12.00

Keys: Codes for the key cabinet will be sent by e-mail about five days prior to the rental period, unless otherwise agreed. Other keys and codes are located in each house.

Bring: It is expected that tenants bring kitchen towels, dish cloths, hand towels, floor cloths, toilet paper, kitchen paper, matches and candles for their own use. If any of these items are present in the cabin, they may be used. Feel free to leave your spare goods. You can assume that there is soap and detergent on location..

Bring sleeping bags and sheets for sleeping. There are neither duvets nor pillows in the houses.

Rent: Invoices are sent by email and must be paid prior to use of the property.

Renter's responsibility

House Rules and good scout spirit apply. Leave the property as you found it!

Liability: Fire on the rocks is prohibited and will result in a fee for damages. Damage to property or equipment must be reported to the head office after the stay. It may also be required to replace damaged equipment. This also applies to canoes, kayaks, motor boats and motors.

Neighbours: Be considerate of the camp site's neighbours. It is not allowed to be on neighbours' properties. Parking should not occur on the property. Tredalen has over the years become surrounded by private cabins. These have chosen to establish themselves close to a camp site and are used to scouts. The Norwegian Guide and Scout Association want to maintain good relations with the neighbours. Upon questions from our neighbours regarding matters that do not concern your group, refer inquiries to the contact phone for Tredalen.

Peace and Quiet: It must be quiet on the camp site after 23:00 every day. Be considerate to others who live in the area.

Pets: You are not allowed to bring animals into the buildings due to allergies. Keep the dog on a leash.

Tenting: All camp sites can be used for tents. Be sure to book in advance.

Fishing: It is permitted to fish in the sea.

Waste management and cleaning: Garbage must be removed from the property prior to departure. There are garbage bins for glass/metal, paper/cardboard and general waste by the road. Remove garbage every day if you are staying for several days.

The cabins should be cleaned and camp areas cleared. Everything that has been used must be put back in place. Tables and other surfaces should be wiped with a damp cloth, and the floors vacuumed and washed. Remember to clean the toilets.

Food and leftovers: Bring leftovers home. Dry goods can be put in a plastic box in the kitchen cabinet in the main house for later use.

How do I get to Tredalen?

Car: There is a road that leads straight to the main house. You need gate key to get onto the property by car. Gate keys hang inside each house.

Parking spaces and driving on the property: There is space to park 4-5 cars outside the gate. Two belong to the main house, one space belongs to Rødstua (the red cabin) and one space belongs to Cabin. There are spaces on the right side of the gate and are marked "NSF". If it is full, you can park by the main road. It is not allowed to park inside the gate, and driving onto the property is permitted only for loading and unloading of equipment/disabled persons.

Bus: There are buses from Oslo, via Fredrikstad to Spjærøy. The bus stop is called Bekkene and it is approx. 800 m to walk from there to the main house.

Train: Take the train to Fredrikstad Train Station. From there you can take the bus (see above) to Spjærøy. The closest stop to the station is Domkirken.

Boat: Tredalen has a big, nice pier with mooring space for large boats (water depth at the pier is 5 meters). Note! Boats could come and dock while you rent at Tredalen.

Facilities at Tredalen

Drinking water, showers and washing facilities: There are no shower at the campsites (only one shower in the Main House), but it is nice to swim from the rocks and pier. There is a small laundry room in the barn, with a kettle and washbasin. Well water is suitable for dish washing and personal hygiene.

There is drinking water in all the taps at the camp site. The main valve for the entire campsite is located in the bathroom in the main house (next to the water meter). In addition, there is a stop valve for the outdoor area near the trail crossing to the cabin.

Please note that on departure the valves both inside the Main House and outside **must** be closed.

Main House: The main house has a small living room with a wood burning stove and seating for 6-10 people and a dining room that seats 10 to 14 people around the table. There are 24 wooden chairs in the dining room. The dining room also has a large fridge with freezer.

There is a small kitchen with a dishwasher. The bathroom has a toilet and one shower. However, use of shower should be limited due to the hot water capacity.

There are two bedrooms on the first floor with 4 beds. The second floor has two bedrooms with 1 + 2 beds and a loft with 15-20 mattresses. In total, the main house sleeps 22 to 24 people.

Rødstua (the Red Cabin): Rødstua is an old house. Rødstua has a simple kitchen, living room and sleeps up to 7 people in two bedrooms, plus 11 extra mattresses.

Cabin: Cabin is a small one-room cabin with four beds, a dining table and a small kitchenette. There is no power at the Cabin. The stove and refrigerator run on gas. Note! It is important to have a window open when you sleep if the refrigerator is in use.

Refrigeration houses and underground cellar for food storage: There is one common refrigeration house that can be used by all tenants. In the refrigeration houses there are several refrigerators and freezers. There is also a cool cellar near the refrigeration house suitable for storing beverages, etc.

Squawfield: The camp site is located next to Cabin and has space for about 80 people in tents.

Piratsletta (Pirate Plain): The camp site is located by Rødstua and has space for about 150 people in tents.

Barn: The barn contains different activity equipment that can be borrowed. There are also canoes/kayaks and a motorboat, which can be rented (arranged in advance). Put the equipment back after use. There are two toilets and a small laundry room in the barn. It also stores equipment for the maintenance of the property.

Activity areas: There is an activity area (grass plain) by the main house. Around the path and between the main house and Rødstua an obstacle course and climbing opportunities is set up. See also "facilities in the vicinity".

Stone Chapel: There is a small outdoor chapel in the woods behind Rødstua, suitable for "Scouts' own" or other gatherings.

Pier: Tredalen has its own pier. It is possible to dock a big boat. It's also nice to swim from the dock. Be careful when diving and jumping!

Gull Rock: There is a protected gull rock off the main house. It is not allowed to swim out to or go ashore on the rock, as stipulated by Law on Outdoor Recreation.

Wood and camp fire: Use of fire and the lighting of camp fires in the woods are prohibited from 15 April to 15 September and during dry weather and strong winds (cf. Law on Outdoor Recreation). It is recommended to use cooking equipment for outdoor camps (e.g. Trangia). A camp fire site is set up on Bålodden outside Cabin. It is not allowed to start fires on stones/mountain and rocks. This causes major damage to the rocks and will result in a fee for damages.

Wood for use in the houses can be found in the woodshed or by clearing the forest for dry branches. Wood for the campfire can be found on site, but is limited. It is recommended to bring some wood to the camp site.

Barbeques: There are two barrel barbecues at the main house and a large barbecue area at Rødstua. Bring charcoal and lighter fluid for your own use. Make sure the barbecue is cooled off and emptied before they are put back in place.

Pioneering poles: There are pioneering poles under the barn. These should not be cut. Feel free to bring your own pioneering poles. All pioneering poles should be stacked in the barn before departure. Remember to remove rope leftovers and nails. It is not allowed to cut trees on the property.

Activity equipment: There are 2 canoes, 2 kayaks, paddles, approximately 15 life jackets in various sizes and one 13 foot pioneer dinghy with marine engine that can be rented. This must be booked in advance.

Internet: There is no internet at Tredalen. However, Telenor has 4G coverage.

Nearby facilities:

Beach: Adjacent to the campsite 1 mile east of Tredalen there is a wonderful sandy beach. Follow the waterfront past the cottages to the beach or past Rødstua (path that runs between Rødstua and pump house) and follow the road down to the campsite, through the campsite and down to the sea.

Shop: Nearest shops are Kiwi and Coop Prix, which are a 10 minute drive from Tredalen. Here, one can fill the water canisters. Consult with checkout to get the key to the water faucet.

Hiking opportunities: The site is good for sea scouting. There are nice hiking opportunities by canoe/kayak to the islands around Tredalen, with terrain that alternates between cliffs and pine forests. It is okay to follow paths and local roads around the islands, but sometimes density of cabins may offer challenges to maneuverability. Highway 108 is not suitable for pedestrians.

Nearest city: Nearest city is Fredrikstad. See www.fredrikstad.kommune.no. A swimming pool called Kongstenhallen can be found in the old town of Fredrikstad. There are both indoor and outdoor pools. The Old Town in Fredrikstad is steeped in history. Some Saturdays there is a market at the square.

Useful websites and phone numbers:

Address: Norwegian Guide and Scout Association's Camp Site Tredalen, Tredalveien 51/72/74, 1684 Spjærøy .

GPS coordinates: 59 degrees 6.07 minutes north, 10 degrees 55.56 minutes east.

Fredrikstad and Hvaler emergency department : Phone 116 117 (69 38 11 00)

Emergency : 110 (fire), 112 (police) , 113 (ambulance)

Scouts' Emergency telephone : 09123

Contact phone Tredalen (volunteer contact person) : 474 68 723

National Association's head office : 22 99 22:30 (Monday -Friday . 09-15)

Weather and conditions : www.yr.no , search Spjærøy .

Tourist and area information:

- www.visitoslofjord.com
- www.hvaler.kommune.no
- www.fredrikstad.kommune.no